

VIRTUAL SCREENING STUDIES OF TWO CLOSELY RELATED WITHANOLIDES TO CONTROL CELL PROLIFERATION AND INDUCTION OF CELL SENESCENCE

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ABSTRACT

Withania somnifera, a reputed herb which is also known as Ashwagandha of the family *solanaceae* or nightshade family. It comprises a large number of steroidal lactones known as Withanolides which show various pharmacological activities. *Withania* exhibits anti-tumor, anti-inflammatory, immunomodulatory and anti-antigenic properties. To control of cell proliferation and stress resulting in induction of cellular senescence it involves proteins and hence were considered as the major tool in the present study. The objective of this study was to study the binding energy of *Withania somnifera* biological active compounds, and drug likeliness by *insilico* techniques for anticancer activity. The proteins were retrieved from PDB bank and plant data compounds are taken from a literature survey and the active constituents are alkaloids (isopelletierine, anferine), steroidal lactones (Withanolides, Withaferin A), saponins containing an additional Acyl group (Sitoindoside VII and VIII), and Withanoloides. The active constituents are docked by using AutoDock 4.2 Software with the 4 PDB IDs such as 3N8E, 3D09, 2FLE and 1AXC. From the docking results, Withanolides showing satisfactory dock score values. These compounds are visualized by using Discovery studio 4.1 Visualizer followed by DruLiTo software which satisfies the Lipinski's properties for all the compounds. The compounds have been showed good interactions and binding energy with the proteins.

Keywords: *Withania somnifera*, Withaferin A, Withanolides, cellular senescence

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INTRODUCTION

Ashwagandha (*Withania somnifera*: *solanaceae*), A traditional system of medicine in India for about thousands of years and are popularly called as an adaptogenic herb. They are abundantly found in Asian countries like India, Pakistan, and Afghanistan. *W.somniferai*s known among scholars as Indian ginseng or winter cherry which possess various pharmacological activities. Its mechanisms such as anti-inflammatory, anti-cancer, anti-diabetic, anti-stress, antioxidant, neuroprotective and immuno modulatory potentials were demonstrated in very few studies based on cell and animal models¹⁻⁴. Other investigators indicated that leaf extracts of *W.somnifera* also has anti-bacterial property⁵. Steroidal alkaloids, saponins, and steroidal lactones are the major constituents of extracts, obtained from various parts of ashwagandha. Steroidal lactones are the class of chemicals collectively known as Withanolides (ergostane skeleton)⁶. Withanolides consists of six-membered lactone ring with C28 steroidal nucleus with an aC9 side chain. So far 12 alkaloids, 35 Withanolides and several Sitoindosides have been isolated and their structures have been elucidated^{7,8}. Withanine, Somniferine, Somnine, somniferinine, Withanine, pseudo-Withanine, Tropine, Pseudotropine, Cuscohygrine, Isopelletierine, Anaferine, and Anahydrine are the major alkaloids present in them. The saponins such as Sitoindoside VII and Sitoindoside VIII, are also present in the roots of *Withania somnifera*. Pharmacological activities involve activation of immune cells mainly

lymphocytes and phagocytes, involves in potent antioxidant effects, generally it promotes wellness by reducing the effects of stress⁹.

Cancer is one of the major diseases and challenging to the medicinal system to produce potent and the site-specific anti-cancer drugs. Rich source of bioactive compounds have played a significant role in modern days particularly in the medicinal plants and serves as an important target for the discovery of new drugs. WI-A include inhibition of protein kinase C^{10, 11}, inhibition of AKt and Raf-1 pathways resulting in tumor suppression by induction of apoptosis and cell adhesion.



Fig.-1: *Withania somnifera*

EXPERIMENTAL

Withania somnifera derived compounds: compounds selected for this study are Withaferin-A, Withaferin-A-diacetate and Withanone and their structures are shown in Table-1. Lipinski's properties such as molecular weight, log p, molar refractivity, number of hydrogen bond acceptors and donors taken from SCFBio software for *W.somnifera* derived plant compounds and they satisfy Lipinski's rule of five for Drug-Likeness. The values of the Lipinski's properties are highlighted in Table-2.

Table-1: Compounds and their Structures

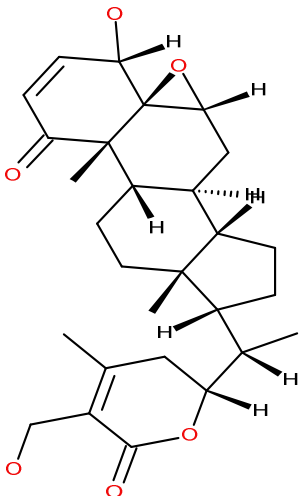
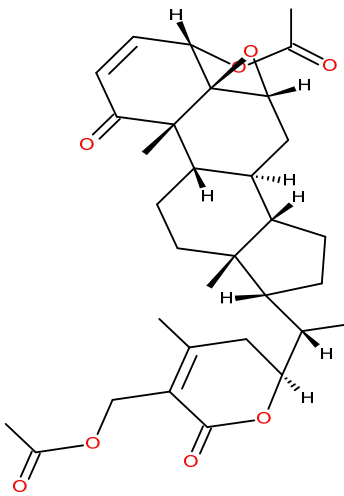
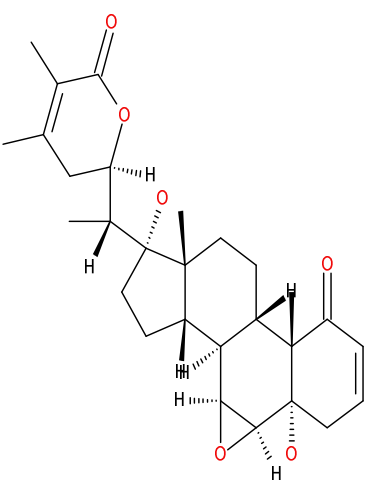
WITHAFERIN-A AND Enantiomer	WITHAFERIN-A-DIACETATE AND Enantiomer	WITHANONE AND Enantiomer
		

Table-2: Lipinski's Rule

COMPOUNDS	WITHAFERIN-A	WITHAFERIN-A-DIACETATE	WITHANONE
MOL.WT	470.0000	554.0000	312.0000
Log p	3.352900	4.49450	3.39530
H bond acceptor	6	8	6
H bond donor	2	0	5
Molar refractivity	124.46355	143.558075	77.145782

Protein preparation

The proteins with three-dimensional structures were downloaded from the RCSB protein data bank (PDB-ID: 3N8E, 3D09, 2FLU and 1AXC) and used for docking studies. Further, polar hydrogen atoms were added and water molecules present in them were removed. Kollman united atom partial charges were also assigned. The PDBQT files that contain proteins are used to execute Autodock.

Protein-ligand preparation

The roots and expansion were identified from the three-dimensional structures of proteins as required by the docking programs. The torsion angles were identified for three compounds taken for study, were five for Withaferin-A, seven for Withaferin-A-diacetate and four for Withanone compound that denotes the flexibility of the ligand molecule.

Ligand docking

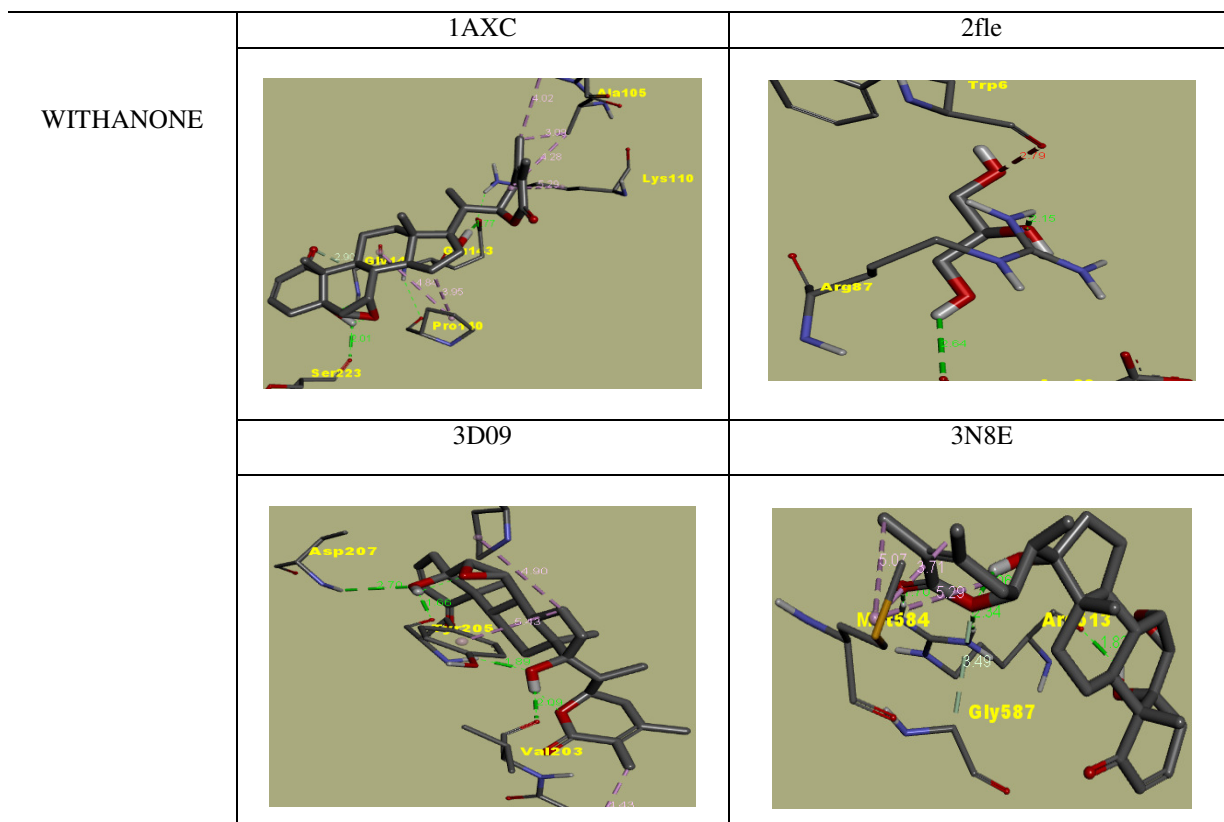
The receptor (macromolecule) and the ligand molecule interactions were carried out using AutoDock tool. The molecular docking logs and their analysis were analyzed using the graphical user interface of ADT using AutoDock 4.2 tool. Finally, the final docking results were noted at the end of the docking process (for each of the four protein) in order to confirm the accuracy of the maximum binding energy, inhibitory constant, hydrogen bond interactions and ligand deficiency. The dock score values are tabulated in Table-3.

Table-3: Chemical Compounds and Their Dock Score Values

Compound	Protein	Binding Energy	Hydrogen Bond Contacts
WITHAFERIN-A	1AXC	-6.96	5: Tyr (151) N...H Arg (156) O...H
	2fle	-6.73	3: Tyr (103) H...H Gln (104) H...N
	3D09	-7.23	3: Thr (102) H...H Phe (113) H...N Asn (268) H...D21
	3N8E	-8.59	1: Arg (513) NH1...H
WITHAFERIN-A DIACETATE	1AXC	-6.51	1: Arg (146) H...H
	2fle	-8.49	1: Asn (83) H...N
	3D09	-6.81	2: Arg (202) H...H22 His (233) H...D1
	3N8E	-6.87	1: Leu (450) H...N
WITHANONE	1AXC	-7.11	3: Gly (142) H...N
	2fle	-7.15	2: Lys (70) H...N Ile (72) H...N
	3D09	-6.92	3: Tyr (205) H...N
	3N8E	-6.65	3: Arg (513) H...H22 His (590) H...D1

Table-4: Visualization of the Docked Compounds

Compound	Proteins	
	1AXC	2fle
WITHAFERIN-A		
	3D09	3N8E
	1AXC	2fle
WITHAFERIN-A-DIACETATE		
	3d09	3N8E
	1AXC	2fle



Visualization

The small and macromolecule applications of proteins involves the usage of Discovery studio 4.1 visualizer; a free, molecular modeling environment tool. It is developed by Accelrys which specializes in scientific software products. Its usage is most relevant to pharmaceutical and biotechnology industries and they are also used in wide range of academic and commercial entities. The visualized and the docked compounds are tabulated in Table-4.

RESULTS AND DISCUSSION

The pharmacological activities of the medicinal plant, *Withania somnifera* are adaptogenic, anti-inflammatory, anti-cancer and anti-oxidant effects. In this study, we focused on the anti-cancer activity of the plant. The compounds such as Withaferin-A, Withanone, and Withaferin-A-diacetate showed better binding features with targets. Amino acid residues such as arginine, asparagine, tyrosine, histidine, and leucine have bound to the above-mentioned compounds. The compounds showed good binding energy thus these compounds can be effectively used for the treating anti-cancer activity.

CONCLUSION

The docking study has been carried out to find the binding energy of plant chemical constituents present in *Withania somnifera* mainly in three compounds such as Withaferin-A, Withaferin-A-diacetate, and Withanone. From the RCSB protein data bank, four relevant proteins were selected for the docking study. We interpret the results and studied the binding energy and hydrogen bond contacts which are efficient for anti-cancer therapy.

Among the chemical compounds and proteins with their binding energies, we intended that Withaferin-A has more potent effects than the other constituents present in the plant. Withaferin, Withaferin A diacetate and Withanone of *Withania somnifera* medicinal plant has been showing good interaction with their respective targets so these plant constituents will have a more potent effect on treating cancer. In future

studies on the synthesis of these compounds and their effectiveness in the wet lab will confirm the present findings.

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